

“Read for Peace”

A conversation based on Thich Nhat Hanh's book, *Peace Is Every Step*, will be held at the Honoka'a library Monday, September 17 at 5:30 PM.



Mindfulness is the practice introduced in this engaging, easy to follow book. Mindfulness "enables us to be in touch with life, which is wonderful in the present moment."

These are the kinds of ideas offered by Hanh, a Zen monk from Vietnam.

There are many copies of the book in the Hawaii State Library system which may be ordered through Honokaa library. There are also three reserve copies which may be read at the library.

Please join us in this activity which is part of the celebration of the United Nations International Day of Peace here in Honokaa. Members of the Peace Committee and Friends of Hamakua Libraries are sponsoring the discussion. We'll be there to keep things lively.

Music lovers may wish to attend the Marty Dread Concert afterwards,
at Honoka'a Peoples Theater

www.peacedayparade.org